

As a nurse and mother, it satisfies me greatly that I can help to ease the pain and fear in a child. My work challenges me not only to care for my patients, but also to develop critical thinking, decision-making and problem-solving skills to help achieve the gold standards of wound management care at KKH.

Teresa Lim San Ling



Chan Ee Yuae, 41
Nurse Researcher,
Tan Tock Seng Hospital

As an APN specialising in Mental Health, I provide care that extends beyond traditional nursing. Using critical analysis, problem solving and evidence-based decision making strategies, I work closely with doctors to evaluate, diagnose and recommend treatment for patients. I believe that mental health is the foundation of one's well-being and without it, one cannot function gainfully and contribute to the community.

Lee Poh Yin



Aziz Hamed, 48
Nurse Clinician,
Institute of Mental Health



Teresa Lim San Ling, 34
Senior Staff Nurse,
KK Women's and Children's Hospital

My work as a researcher in nursing allows me to seek answers to clinical questions, and satisfy my intellectual curiosity. Every research provides great excitement akin to embarking on a new journey full of unique challenges and learning opportunities. Knowing that my contributions improve patient outcomes far beyond the bedside gives me a great sense of achievement.

Chan Ee Yuae



Lee Poh Yin, 41
Advanced Practice Nurse,
National University Hospital

As a Nurse Clinician, I can use my knowledge and experience to train and mentor other staff. My training as a nurse also empowers me to make good assessments and decisions during an emergency. Sometimes, I put my love for music to good use and sing to my patients as music helps them to relax and allows me to build rapport with them.

Aziz Hamed

YOU'VE COME A LONG WAY, NURSES!

Nursing has come a long way since French nuns first cared for the sick at the General Hospital in 1885. This noble profession has now evolved beyond its traditional Florence Nightingale role. Today nurses are also clinicians, managers, researchers and teachers. As we celebrate 125 years of nursing, meet eight dynamic nurses who have made a difference in their profession, and taken nursing on a quantum leap into the future.

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I am constantly inspired by our patients who remain brave and strong even when they are battling illness. I have learnt over my 23 years in nursing that it is important to upgrade my skills and knowledge. Every patient is different, and I will always strive to add that personal touch to make the hospital experience a pleasant one.

Maha Letchumi d/o Nadaisan Rajoo



Shirley Heng, 36
Assistant Director, Nursing,
Khoo Teck Puat Hospital

At TOUCH Home Care, I lead a team of nurses and nurture them to make important clinical decisions independently in the patients' homes. I enjoy the dynamic challenges of my job which constantly sharpen my skills in clinical judgment, decision-making and counseling. A home care nurse needs to be as competent as any nurse who works in a specialist setting like critical care or operating theatre.

Goh Swee Eng



Nidu Maran s/o Balakrishnan, 34
Advanced Practice Nurse,
Singapore General Hospital



Maha Letchumi d/o Nadaisan Rajoo, 43
Senior Staff Nurse,
Jurong General Hospital

Administrators have to continuously learn to be both a good manager and a good leader. The management role develops me professionally – through challenging decision-making processes and handling performance appraisals tactfully with junior nurses. Management is a diversified responsibility that gives me the opportunity to mentor and develop nurses, and make decisions that matter to nurses delivering care at the frontline.

Shirley Heng



Goh Swee Eng, 56
Nurse Manager,
Touch Home Care

Male nurses are a minority, and this has made me strive harder and learn things faster. I specialise in orthopaedics. The training and exposure on the job have helped me sharpen my skills in treating patient. It also enables me to conduct research to influence patients outcomes positively. Just as our work benefits others, I have gained a lot as a nurse in a dynamic environment.

Nidu Maran s/o Balakrishnan

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